

NICOLETTA HEIDEGGER, MA, MED
REGISTERED MARRIAGE AND FAMILY THERAPY INTERN #88163
 NicolettaHeidegger@gmail.com ~ (818) 399-7017

EDUCATION

Widener University, Chester, PA Masters of Education in Human Sexuality	Graduated 08/2017
PhD Candidate	Expected Graduation 2020
Pepperdine University Graduate School of Education and Psychology, Malibu CA Master of Arts Program in Clinical Psychology Emphasis in Marriage and Family Therapy	Graduated 06/2015
Stanford University, Stanford CA Bachelor of Arts Psychology Honor Roll (Must maintain a GPA over 3.6) Magna Cum Laude Member	9/2009-6/2013
University of Queensland, Stanford in Australia, Brisbane, Australia Completed a final research project on sexual health in Aboriginal / Torres Strait Islander Communities.	9-12/2011

LANGUAGES

Intermediate/Advanced Oral and Written Fluency in French; Basic Conversation in German and Spanish

PROFESSIONAL ORGANIZATION MEMBERSHIP

- American Association of Sexuality Educators, Counselors, and Therapists (AASECT), Student Member
- Board of Behavioral Sciences (BBS), Registered Marriage and Family Therapy Intern
- California Association of Marriage and Family Therapy (CAMFT)
- Sexual Health Alliance

RELAVENT EXPERIENCE

Sexual Health Alliance <ul style="list-style-type: none"> • Employed as the Director of Operations for the Golden Coast (west coast) region • Organize and oversee Sexceptional Lectures and Seminars • Oversee the region and its members • Initiate outreach and fundraising opportunities 	2017-PRESENT
MFT Intern, Private Practice <ul style="list-style-type: none"> • Supervised by Dr. Daniel J. Alonzo, PsyD • Working with adults on a variety of presenting problems from anorgasmia to navigating alternative lifestyles 	2016-PRESENT
The Center for Individual and Family Counseling, North Hollywood, CA <ul style="list-style-type: none"> • MFT Intern working with clients of all ages individually and in groups • Provide counseling to clients with a variety of presenting issues from domestic violence, to sexual abuse, and autism • Counsel clients under supervision, write process notes and treatment plans, conduct intake interviews 	2014-PRESENT
Adolescent Sexuality and Relationships Group, Didi Hirsch, Glendale, CA <ul style="list-style-type: none"> • Volunteered as a co facilitator of an adolescent girls group • Helped provide support and resources • Facilitated diverse discussions about topics from intimate partner violence, to birth control, and LGBTQ • Fostered empathy, group coherence, and group dynamics 	2014
The Mother Company, Los Angeles, CA <ul style="list-style-type: none"> • Worked as a part time intern to help provide assistance and insight in marketing, PR, and outreach events • The Mother Co. is a multimedia parenting tool that creates products for children and parents 	2013
Sexual Health Peer Resource Center; Stanford, CA <ul style="list-style-type: none"> • Employed as the Staff Activities Manager and a Peer Counselor in the Vaden Health Center on Stanford Campus • Organized events to promote sexual health and services on campus 	2011-2013

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- Gave referrals and counseling services to undergraduate and graduate students
- Sold sexual health products to help promote a sexually healthier and educated student body

- Bridge Peer Counseling; Stanford, CA.** 2011-2012
- Worked three hours a week as a peer counselor where fellow students could seek advice about stress, depression, and other psychological or emotional matters.
 - Helped to de-stigmatize and ensure better mental health on campus.
- Challenge Success; Los Angeles and Stanford, CA** 2013
- Authored a blog for a Stanford affiliated organization, Challenge Success
- Stanford Daily; Stanford, CA** 2012-2013
- Authored a weekly column, "Sex Talks with the Tree," about sex and sexual health in Stanford's newspaper.
 - Addressed student questions and offered help, advice, and resources.
- Mind Culture Society Lab, Stanford Psychology Department, Stanford, CA** 2012
- Worked as a Research Assistant 6 hours per week in a lab focusing on how race and culture shape psychological experiences.
 - Gathered, coded, and entered data, ran specific studies, and debriefed patients.
- Stanford Sierra Camp, South Lake Tahoe, CA.** Summer 2011-2013
- Worked as a Camp Counselor at Stanford family alumni camp.
 - Created and ran programming for children ages three to six
 - Generated more personalized programming for special needs children on the autistic spectrum
 - Managed and Served in dining services to create a high end dining experience
 - Responsible for running adult social activities from boat cruises to campfires
- Bing Nursery, Stanford, CA.** 2009-2010
- Bing Nursery is a research school for children age 2-5.
 - Worked as a part time teaching assistant to observe and report child behavior.
- MHA Media, Los Angeles, CA.** 2010 Summer
- Interned in Fashion Public relations
 - Wrote press releases, performed assistant work from deliveries to stock and inventory management for celebrity clientele
- LEADERSHIP EXPERIENCE**
- Director of Operations, Golden Coast Sexual Health Alliance** PRESENT
- Director of Operations for the west coast region of the Sexual Health Alliance (SHA)
 - SHA facilitates communication among sexual health providers through our signature lecture series, roundtable forums, and educational workshops.
 - Plan and organize events, guest speakers, and marketing strategies
- Compton Junior Posse** 2015-Present
- Board Member of this Compton based initiative "keeping kids on horses and off the streets"
 - Work weekly with the children by incorporating overall health and wellness strategies and interventions in combination with horse riding and horse care
- Campbell Hall Episcopal High School** 2014-2016
- Alumni Association Board Member
 - Raise funds and promote school initiatives to Campbell Hall's current and alumni families
- Stanford Tree** 2011-2012
- Former Stanford Mascot.
 - Featured at most varsity sporting events and various community wide celebrations and fundraisers.
- Alpha Delta Phi Society** 2010- 2013
- Social Manager and Public Relations Representative for the Alpha Delta Phi Literary Society, Stanford Chapter.

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Equestrian AIDS Foundation	2007
<ul style="list-style-type: none"> • West Coast Teen Representative for AIDS awareness charity foundation. • Organized, promoted, and helped hostess for fundraiser “Divas Las Vegas.” • Helped raise over \$100,000. 	
<u>Media and Presentations</u>	
Sluts and Scholars Podcast	PRESENT
<ul style="list-style-type: none"> • Host, owner, and creator of podcast • Featuring guests from all walks of life to talk about sex, sexuality, dating, and slut shaming 	
Quoted and Featured in:	
<ul style="list-style-type: none"> • Vice, Playboy, Playboy Radio, and Swingtowns 	
Guest Speaker, Cal State Channel Islands	2015, 2016
<ul style="list-style-type: none"> • Lectured on sexual health in an undergraduate course on health psychology 	
Presenter at Careers in Sexuality Conference 2016, Widener University	9/2016
<ul style="list-style-type: none"> • Chosen to lead a presentation on clinical and educational work with Minor Attracted adults 	
Sex Talks with My Mom	2016
<ul style="list-style-type: none"> • Interviewed as a guest and sexologist • Offered expert opinions and education on sex therapy and common sexual issues • https://www.acast.com/sextalkmom/ep.20-weedandsextherapy 	
Wine with Dr. Wendy Walsh (“America’s Relationship Expert”)	2014
<ul style="list-style-type: none"> • Served as a guest and panel member for a live broadcast • Discussed consent and sexual assault in the workplace and relationships • https://www.youtube.com/watch?v=guixR51_AL8 	